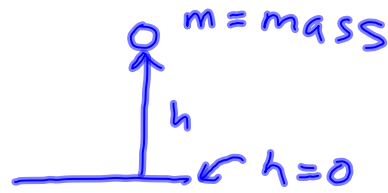


# Energy

$$E_p = mgh$$



↑ gravitational potential energy

$$E_k = \frac{1}{2}mv^2$$

$$g = 9.8 \text{ m/s}^2$$

Work = energy imparted

$$= \text{Force} \times \text{distance}$$

$$= mg \times h$$

= work required to lift an object of mass  $m$  a distance  $h$ .

Power = rate at which work is done  
(energy is transferred)

$$= \text{Joules/sec}$$

$$= \text{Watts}$$

## Work against a force



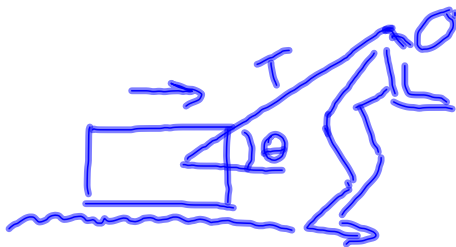
$$f_k = \mu_k mg$$

$$W = (\text{Force applied}) \times (\text{distance})$$

How much work to slide box 10 meters?  
[20 kg box.]

$$W = 0.5 (20 \text{ kg}) (9.8 \text{ m/s}^2) \times (10 \text{ meters})$$

$$= 980 \text{ J}$$



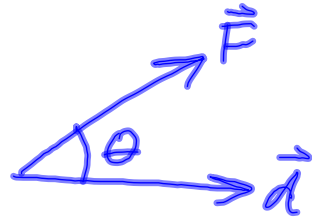
$$W = (T \cos \theta) \times (\text{distance})$$

$$T \cos \theta = \mu_k mg$$

$$T = \frac{\mu_k mg}{\cos \theta}$$

## General Principle

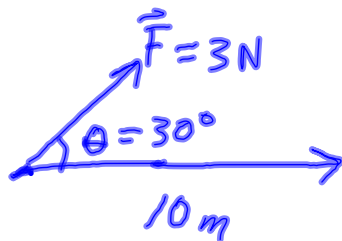
$$W = \vec{F} \cdot \vec{d}$$



$\vec{F}$  = force vector

$$\vec{F} \cdot \vec{d} = Fd \cos \theta$$

$\vec{d}$  = displacement vector



$$W = \vec{F} \cdot \vec{d} = Fd \cos \theta$$

$$= (3\text{ N})(10\text{ m}) \cos(30^\circ)$$

$$= (3\text{ N})(10\text{ m}) \left(\frac{\sqrt{3}}{2}\right)$$

$$= 15\sqrt{3} \text{ J}$$

$$= 26 \text{ J} \quad 1 \text{ Joule} = 1 \text{ Newton-meter}$$

$W = \left( \text{Component of force applied in direction of displacement} \right) \times \text{displacement}$

$$F \cos \theta \quad \times \quad d$$

## Work & Kinetic Energy

Q. How much work must a hockey stick do on a puck to increase puck's speed from  $v_i$  to  $v_f$ ?

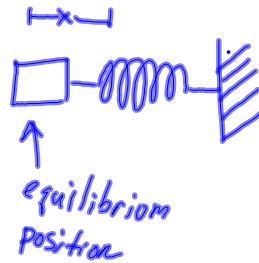
A.  $w = E_{k \text{ after}} - E_{k \text{ before}}$

$$= \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

$$= \frac{m}{2} (v_f^2 - v_i^2)$$

Hooke  $F = -kx$

restoring force



$$E_p = \frac{1}{2} k x^2$$

Potential Energy of compressed spring



$$F_g = mg$$

$$F = -kx$$

$$mg = kx$$

$$x = \frac{mg}{k}$$

$$E_p = \frac{1}{2} k x^2$$

$$= \frac{1}{2} k \left( \frac{mg}{k} \right)^2$$

$$= \frac{1}{2} \frac{m^2 g^2}{k}$$

## Air Resistance

$$f_{\text{air}} = Dv^2$$



$$mg = f_{\text{air}}$$

$$mg = Dv^2$$

$D$  depends on  
cross sectional area  
of object

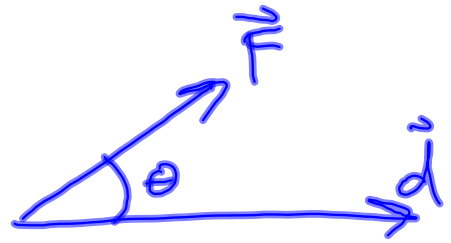
$$v_{\text{term}} = \sqrt{\frac{mg}{D}}$$

← terminal velocity

Work can be positive or negative

$$W = \vec{F} \cdot \vec{d} = Fd \cos \theta$$

positive  
work



negative  
work

